

NASG SAFETY



Keeping Women Safe in the NASG

DISCLAIMER: We highly recommend using the training materials as part of a hands on training program led by an experienced trainer with NASG experience. Neither UCSF, nor any of their employees, makes any warranty, express or implied, including warranties of merchantability and fitness for a particular purpose, or assumes any responsibility for the accuracy, completeness or usefulness of any information from this website or from any websites referenced by this website. **Any use of this document is an agreement that you have read, understood and accept the terms above.**



Keeping Women Safe in the NASG

TRAINER

This unit is designed for trainees at the referral hospital level to remind them of the key principles for preventing harm and keeping women safe while the NASG is being used.



OBJECTIVES:

By the end of this unit all trainees should know:

1. That the NASG should not be opened/removed once applied until the patient is at a referral hospital
2. That only one person should apply any single segment of the NASG (#4, #5, #6)
3. That someone should stay with an unconscious woman to explain the NASG to her when she regains consciousness.

To train this unit you may want to have:

- The [powerpoint presentations](#) for this unit
- A downloaded copy of [Saving Mothers' Lives: The NASG Training Video](#)
- And any other regular training materials you use

Note: *The following material is written in very simple language. The trainer may choose to teach it directly to trainees, and, if the trainees can read, the trainer can make printed materials as trainee handouts.*



Keeping Women Safe in the NASG

There are certain key points to remember when caring for a woman in the NASG. Like any other first-aid device, the NASG must be used properly to help the patient. If not used in the right way, the woman may not get better. In order to keep a woman safe while using the NASG, please keep the following in mind:

During Application

- 1** **Two people can apply the leg segment pairs #1, #2, and #3** (each person applying the segments to one leg at the same time), but only one person should apply the pelvic and abdominal segments #4, #5, and #6.



Two people can apply the leg segment pairs #1, #2, and #3



Only one person should apply the pelvic and abdominal segments #4, #5, and #6



During Treatment

2 If the woman is unconscious when the NASG is applied, try to keep someone with her at all times (a health care worker, relative, friend) to explain the NASG to her when she becomes conscious. Otherwise, she may not understand what it is for and might try to take it off.



If the woman is unconscious when the NASG is applied, try to keep someone with her at all times

3 Once the NASG is on, never open segments #5 and #6.



Once the NASG is on, never open segments #5 and #6



During Transport

4

Once the NASG is placed, **the woman must keep the NASG on until she is at the Referral Hospital** and her vital signs have been stable for at least two hours.



Keep the NASG on until she is at the Referral Hospital and stable for at least two hours



Knowledge Assessment

Trainees should be able to answer the following questions. See the next page for correct answers. Review any incorrect responses with trainees to ensure they have understood the material.

1. Once the NASG is applied it is safe to open the abdominal segments #5 and #6 (over the stomach) every once in a while. **(True/False)**
2. Someone should stay with an unconscious woman to explain the NASG when she wakes up. **(True/False)**
3. How many people should apply segments #4, #5, and #6? _____ (Write in the correct number in the blank).



Knowledge Answers

1. Once the NASG is applied it is safe to open the abdominal segments #5 and #6 (over the stomach) every once in a while. **(True/False)**

Answer: False. The abdominal segments (#5 and #6) should NEVER be opened at the community level and should never be opened first.

2. Someone should stay with an unconscious woman to explain the NASG when she wakes up. **(True/False)**

Answer: True. A health worker or a family member should stay with an unconscious woman so they can explain the NASG to her when she wakes up so she doesn't get scared and take it off.

3. How many people should apply segments #4, #5, and #6? _____

Answer: "1." Only 1 person should apply segments #4, #5, and #6. In fact any single segment should be applied by just one person. Two people may work together on applying the segment pairs on the legs (#1, #2, #3).

